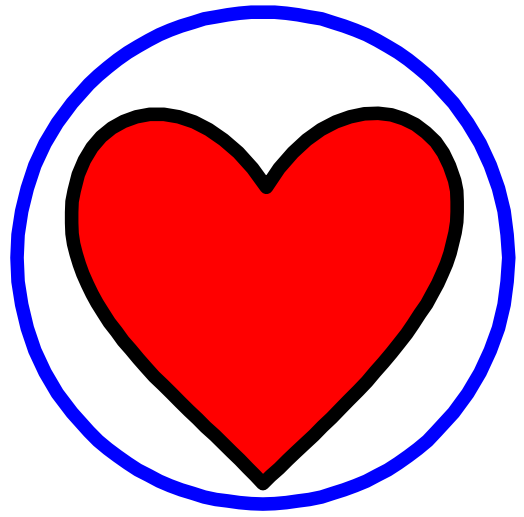
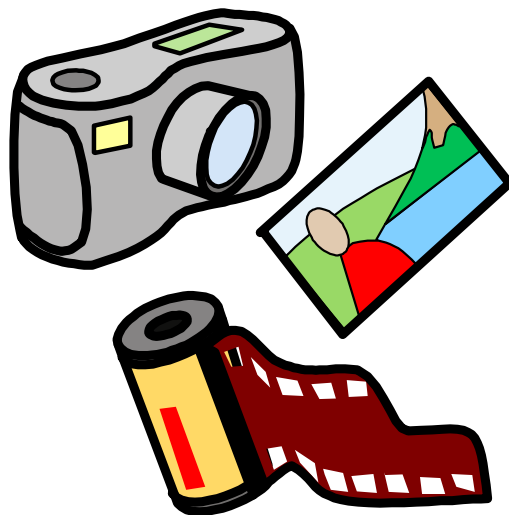




Still



life



photography



Still

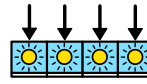


life



photography

uses



everyday



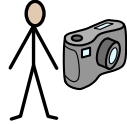
items,

that



appeal

to the



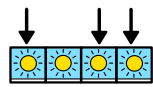
photographer.



The

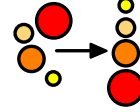
items

will



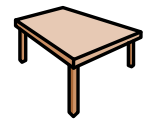
normally

be



arranged

on a

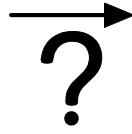


tabletop.



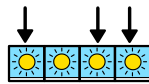
The

items

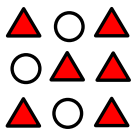


will

normally



have something in



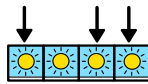
common.



The

items

normally



used are

flowers,



food,



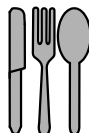
plants,



rocks,



crockery,

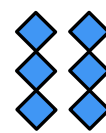


cutlery,



books

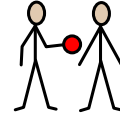
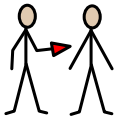
and



similar



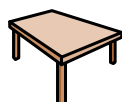
items.



You can do this type of photography from your home,



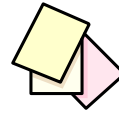
without the need for a studio or Studio lighting.



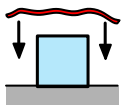
You can place a table by a window and use a few house



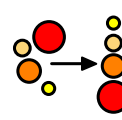
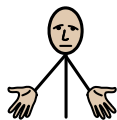
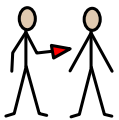
lamps, to help with the lighting. You can also use a nice



/ simple backdrop, a large sheet of paper or a bed sheet



to cover the table and background.



You will need to think creatively in order to make the

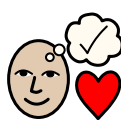
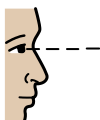
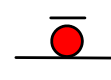
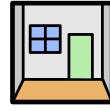
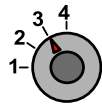


photo look interesting.

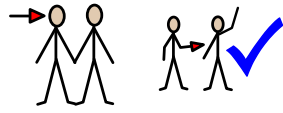
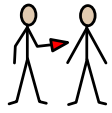


Examples of how to set the room up for still life

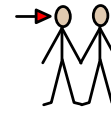
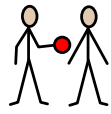


photography

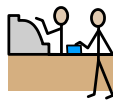
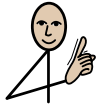




If you have them you can use light boxes or product tables to



help with your still life photos, but they are not



essential. You can buy some cheap ones online.



examples of light boxes



Examples of product tables





Tips

for



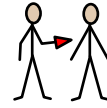
still



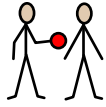
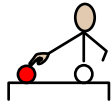
life



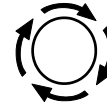
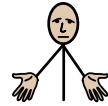
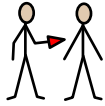
photography...



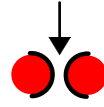
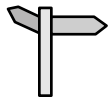
- Choose something interesting that "speaks to you". Or



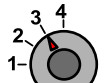
something that catches your eye. Think outside the box.



- Think about lighting. You may need to play around with



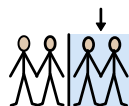
positioning lamps, where the table is near the window



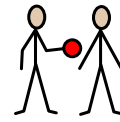
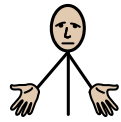
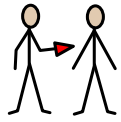
or changing camera settings, to get the best light. You can



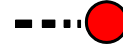
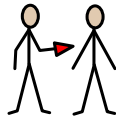
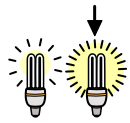
use natural light to light one side and a lamp or



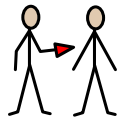
reflector to light the other side.



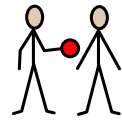
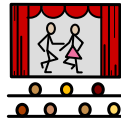
● You may need to use a tripod, if your lighting



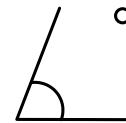
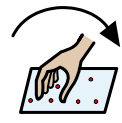
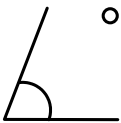
isn't very bright. (If you are on a slow shutter



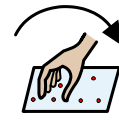
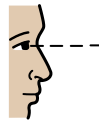
speed due to bad lighting then any movement you



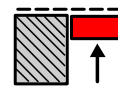
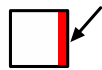
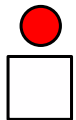
make with show in the photo). Think about your



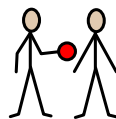
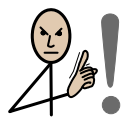
angle, try taking photos from different angles to



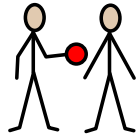
see which looks the best. Try shooting from



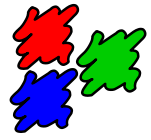
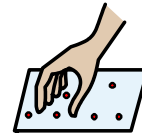
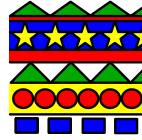
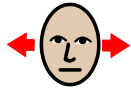
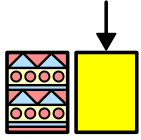
above, from the side, and being level with the objects.



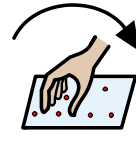
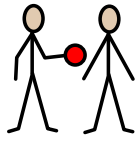
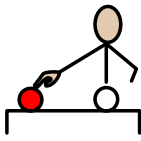
Just watch out for your body casting shadows.



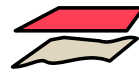
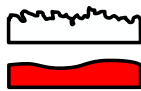
• Think about your backdrop, make sure it's



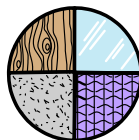
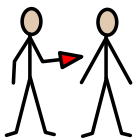
plain with no patterns. Choose a colour



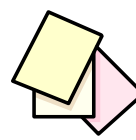
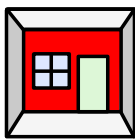
that compliments your objects. Try



to make it a smooth / flat backdrop. (Unless



you want a textured backdrop) You can use



a wall, a large sheet of paper, a bed sheet,



a throw or a blanket.

• Set up (compose) your shot. Make sure it

looks good to the eye. Try making it look

balanced, or use the rule of thirds. Make sure

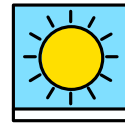
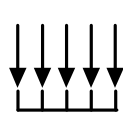
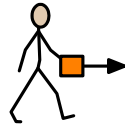
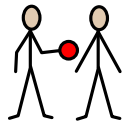
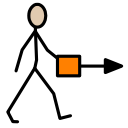
you are only shooting the items and the

backdrop, nothing else. Think about where you are

leading the viewers eye. Move things around.

Are you going to use the negative space? Are you

going to fill the whole photo? Be creative.



• Take your time. If it takes all day to get



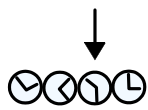
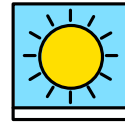
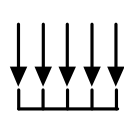
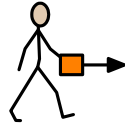
the right composition, or the right



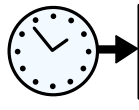
items, or the



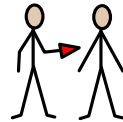
right lighting then it takes all day. Creativity



sometimes takes time to get right. It's all about



having fun and experimenting. If you have a



macro

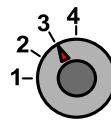


lens

or a

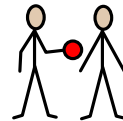


macro



setting

on



your



device

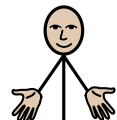


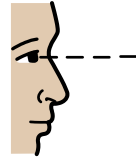
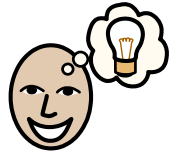
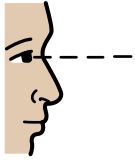
then it'll

help,

but it's not

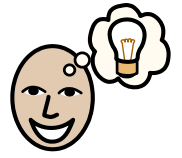
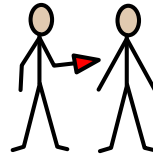
needed.



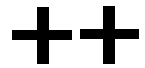
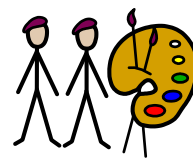
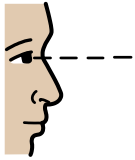


• Look for inspiration. Look online

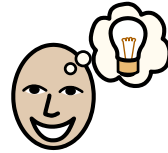
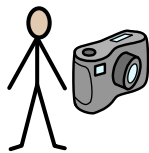
e.g.



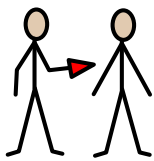
for examples to help you with ideas.



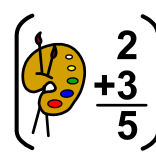
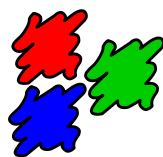
Look up still life artists as well as



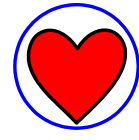
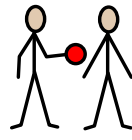
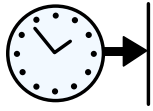
photographers for ideas. This will help



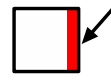
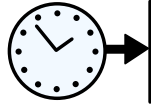
you to think about shadows, lighting,



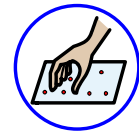
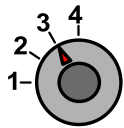
composition, colours, and subject matters.



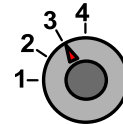
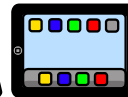
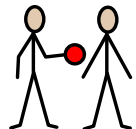
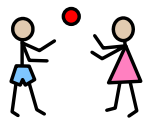
• Time to start practicing your still life



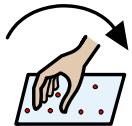
skills, Set some time to one side to practice



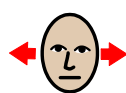
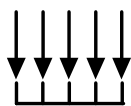
setting up compositions, getting lighting right, and



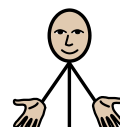
playing with your device settings. Also



try different items. Spend time getting



everything right. Don't rush. Take a break and



come back to it later if needed.



Examples

of



traditional



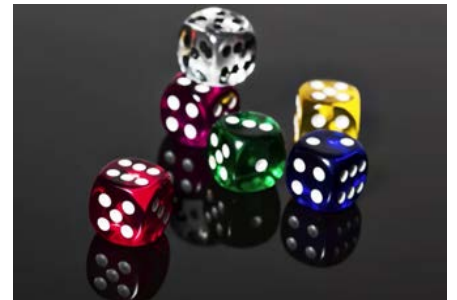
Still



life



photography





Examples

of



creative



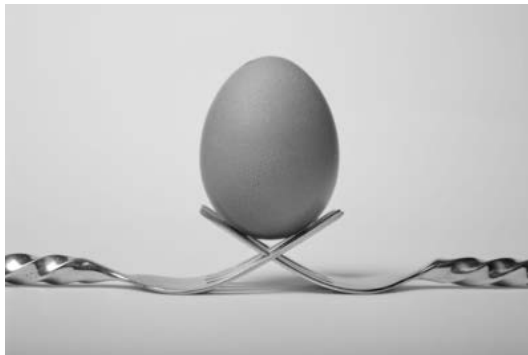
still



life



photography

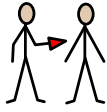




Examples of creative still life



photography with some editing



(When you get really good)





Examples

of



still

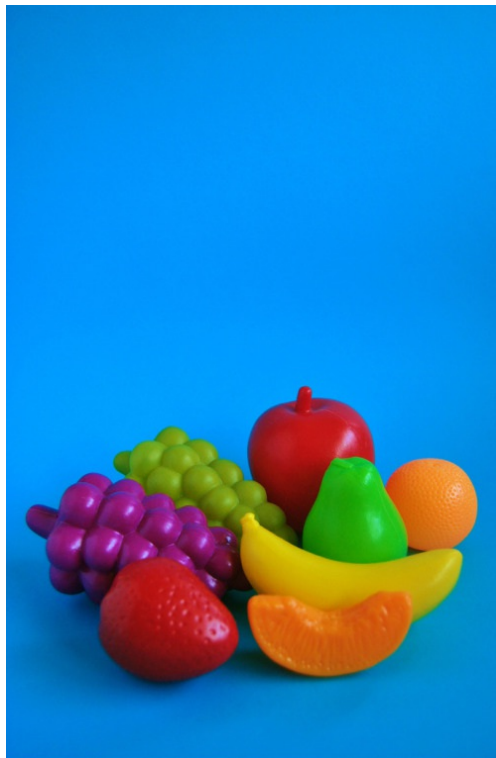


life

using



toys





More

still



life



toy



ideas





Examples

of



still



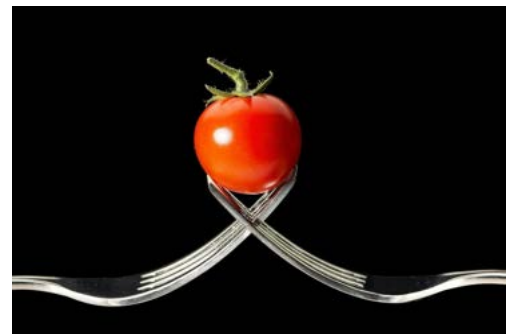
life



food



photography





Examples

of



still



life



flowers





Examples

of



modern



still



life



photo



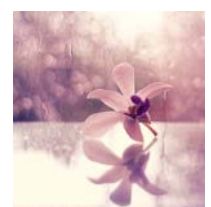
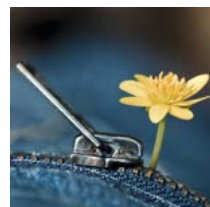
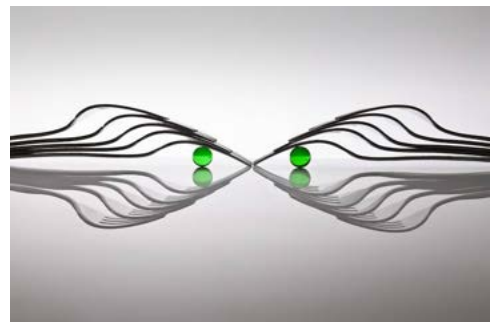
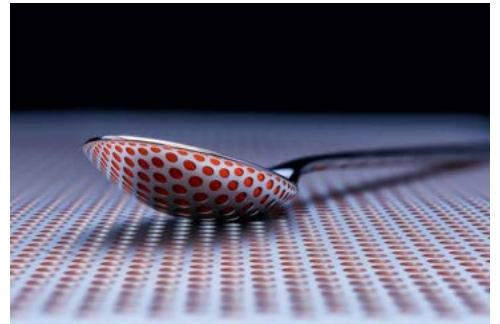
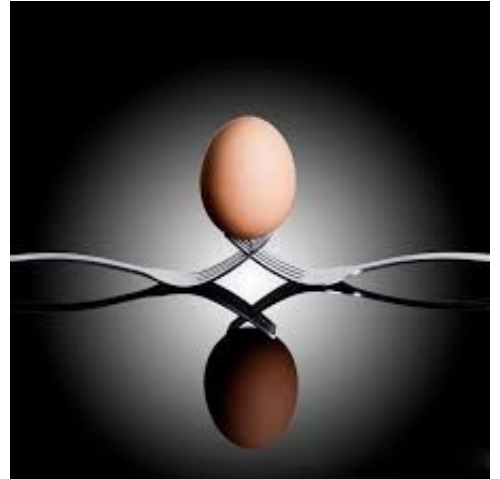
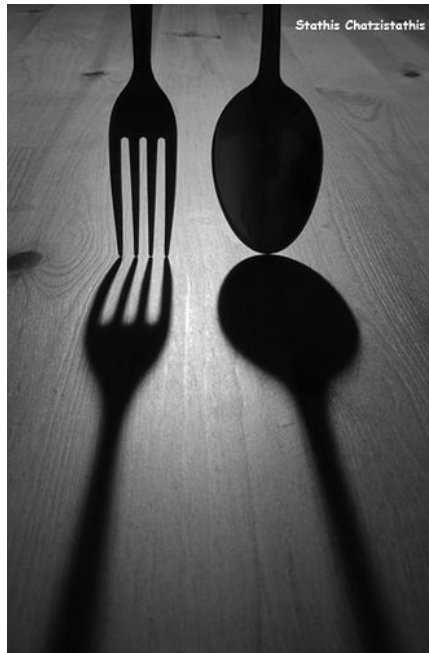
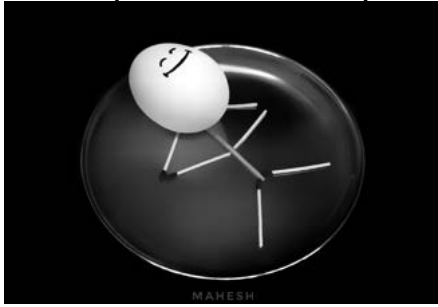





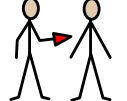





Examples of simple






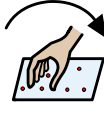
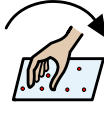
still






life


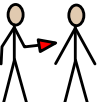
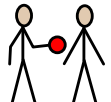
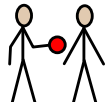

photos





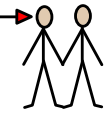







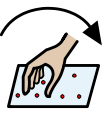
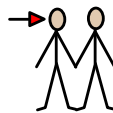
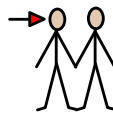


 Hopefully  I  have  given  you  lots of  ideas  and  inspiration.

 Now  it's  your  turn  to  have a  try.

 What  ideas  will you  think  of?

 Can  you  come up with  your own  ideas?

 Please  feel  free to  share  them  with  me  and  I  will

 try  to get  them  on the  website.

z.newbery@beaucroft.dorset.sch.uk

 Have  fun  and be  creative.