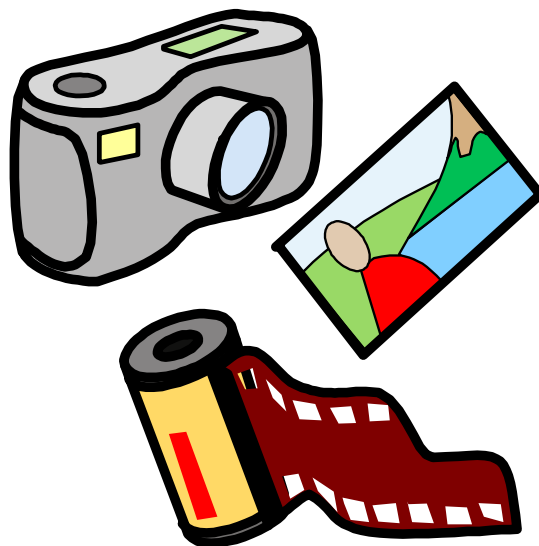
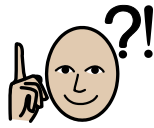


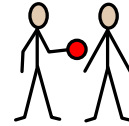
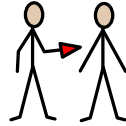
Portrait



Photography



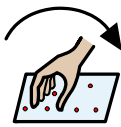
This is a quick, simple guide to portrait photography.



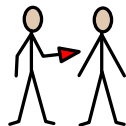
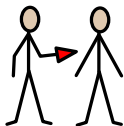
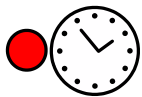
You can use it to help you improve your portrait



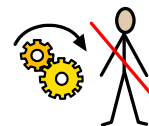
photography skills.



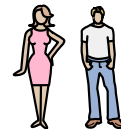
Read, try, experiment, enjoy.



you will be



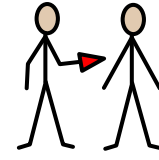
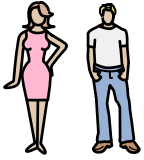
automatically



thinking about, the best light and poses.



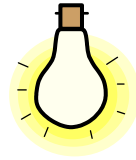
Most of all have fun.



Model (s): The person or people you are



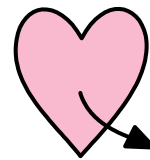
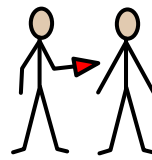
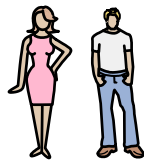
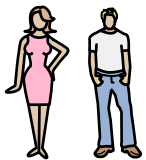
photographing.



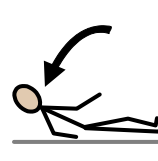
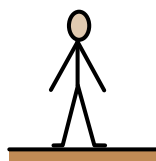
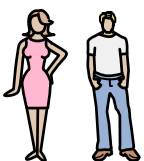
Light source: Where the light is coming from.



Shot / Shooting: Taking the photo



Pose / Poses: How you want the



model (s) to stand, sit, lay.



Portrait Photography:



1



This type of photography focuses on photos of one person



or a group of people.



The aim is to capture that persons / the people's

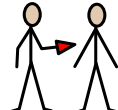
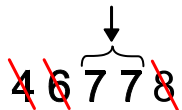
personality.



This can be done by using lighting, backdrops and poses.



Most cameras, phones, tablets etc will have a portrait

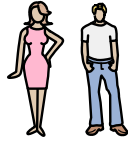


mode to help you.



Examples of Portrait photography:





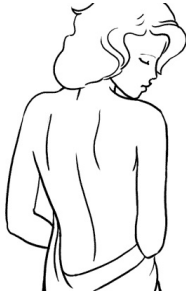
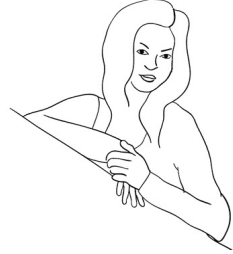
Some

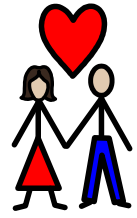
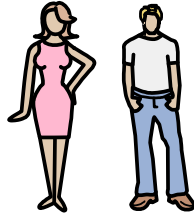
popular

poses

for

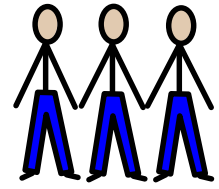
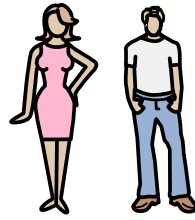
women





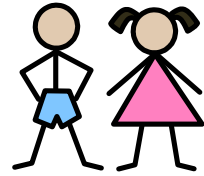
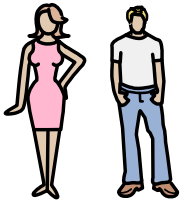
Some popular poses for couples



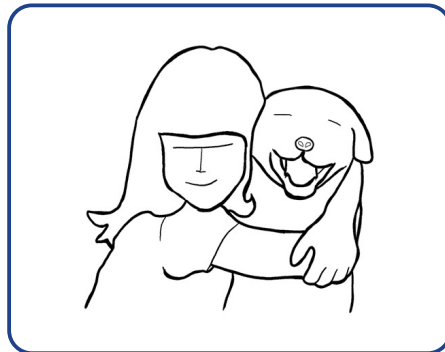
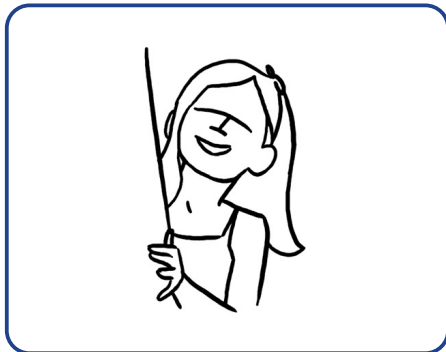
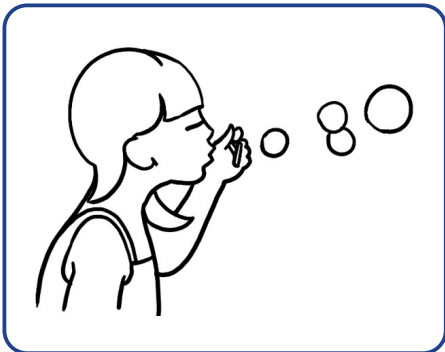
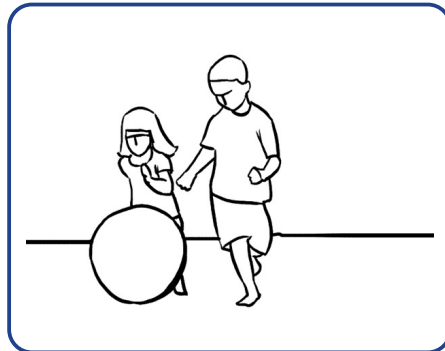
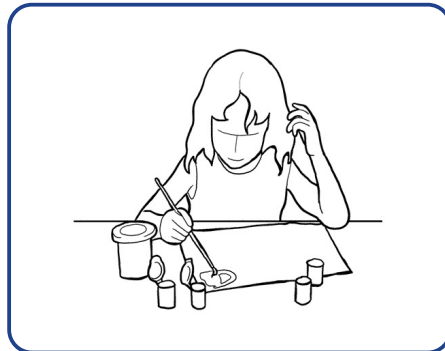
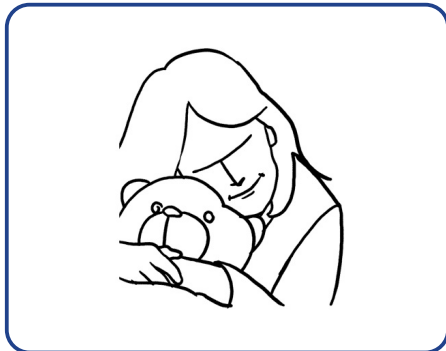
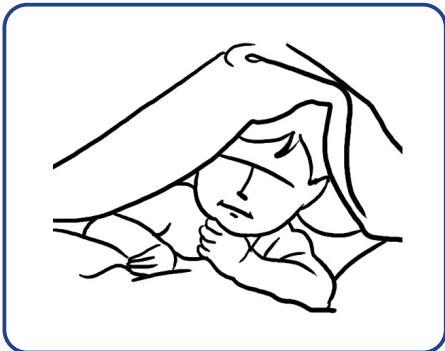
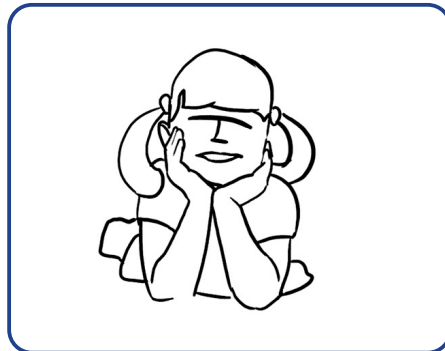
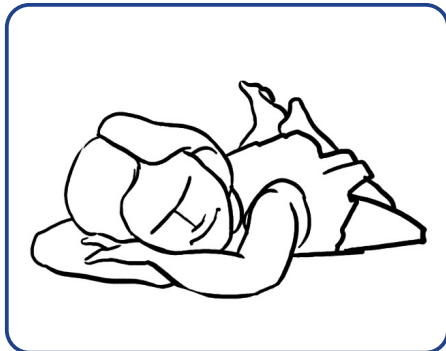
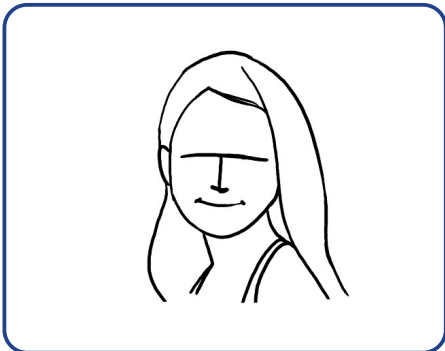


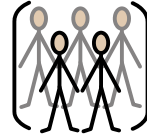
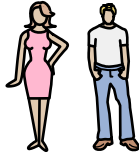
Some popular poses for men



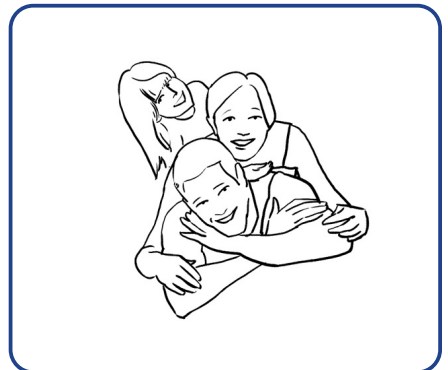
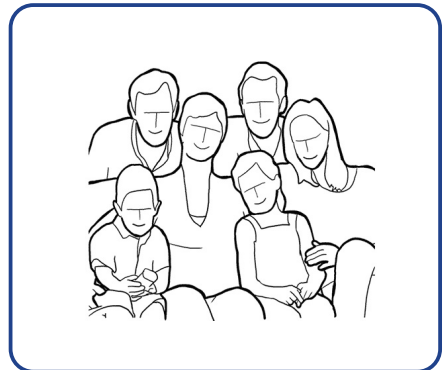
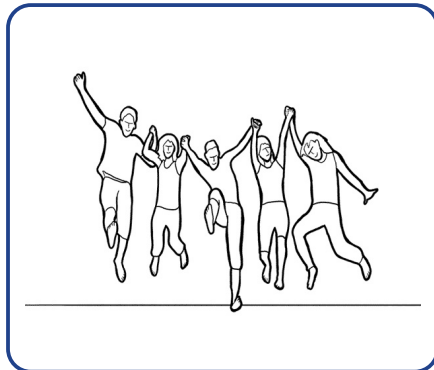
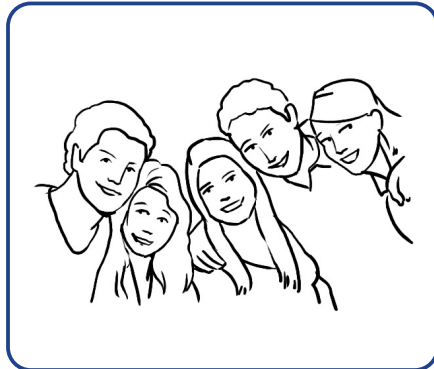


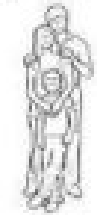
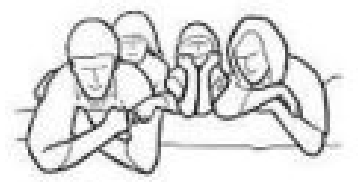
Some popular poses for Children

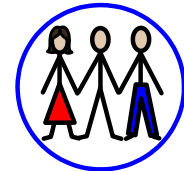
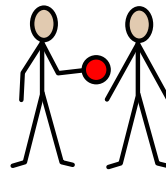
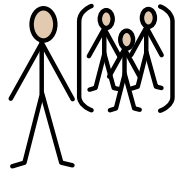




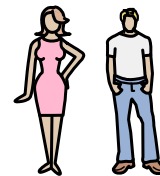
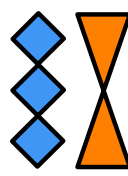
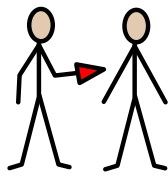
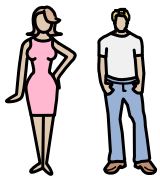
Some popular poses for groups of people



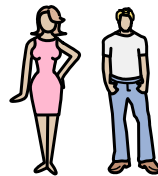
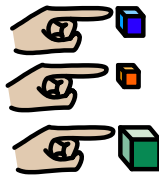




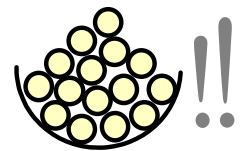
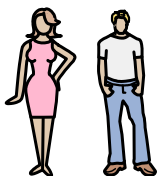
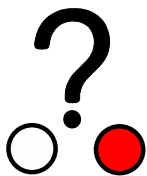
Try asking members of your family to



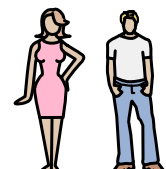
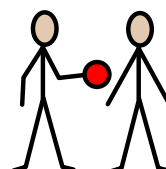
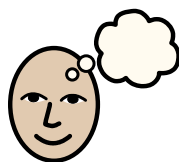
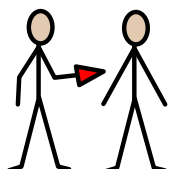
pose for you in different poses.



Take photos of each pose.



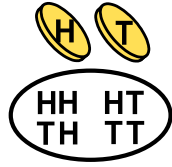
Which poses do you like the most?



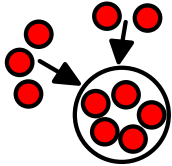
Can you think of your own poses?



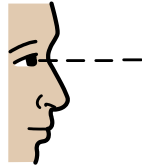
Lighting



effects

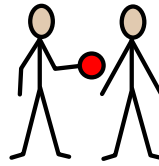


overall



look

of



your

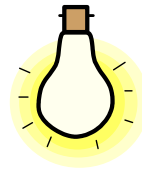


portrait

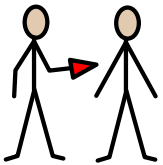


photo

The

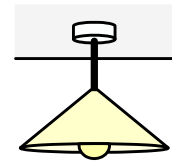


will change depending on the light available.



You

don't have to have studio



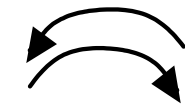
lights

to



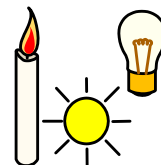
be able

to

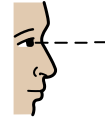
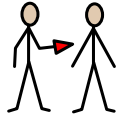


change

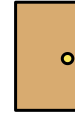
the



lighting.

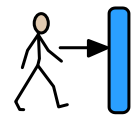
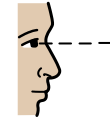
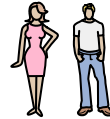
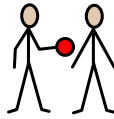
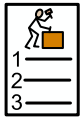


If you are photographing inside look for natural

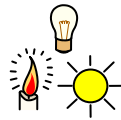
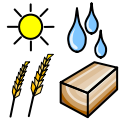


light sources, such as a window or patio door.

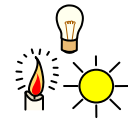
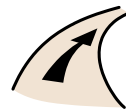
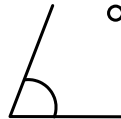
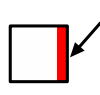
1



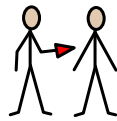
One technique is to have your Model(s) looking towards



the natural light source.

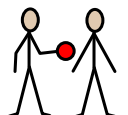
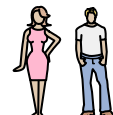
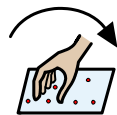
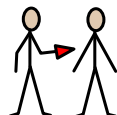


Take the photo from a side angle along the light source.

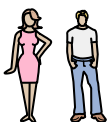


This will give you great lighting.

?



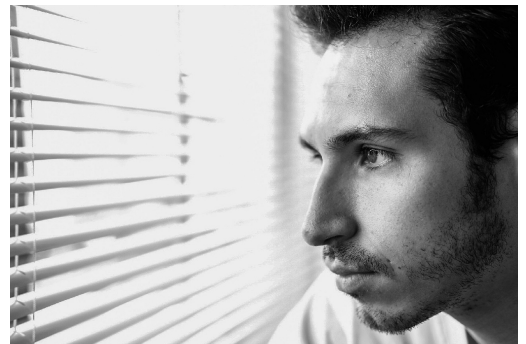
Why don't you try experimenting with posing your

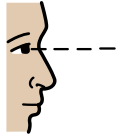


model(s) by a window or patio door?

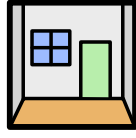
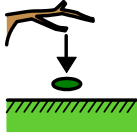


Examples of window lighting models:

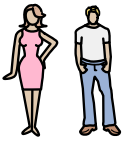




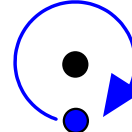
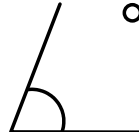
Alternatively look for areas where the natural



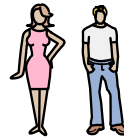
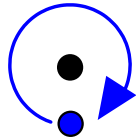
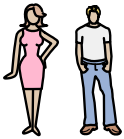
light falls in the room, then place the



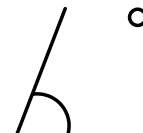
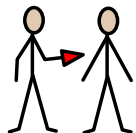
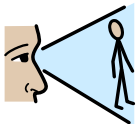
model (s) in that spot of light.



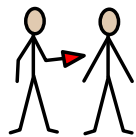
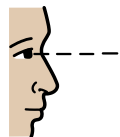
Take photos from different angles around the



model (s). Move around the model (s).



See where you get the best angle of



light to suit the look you are after.



Examples of natural light within the home photos






INDOOR PORTRAIT PHOTOGRAPHY CHEAT SHEET

CAMERA MODE	→	MANUAL OR AV MODE
ISO SETTINGS	→	800 FOR BRIGHT INDOOR LIGHT 1600+ FOR LOW INDOOR LIGHT
SHUTTER SPEED	→	1/60-1/200 HANDHELD 1/15TH ON A TRIPOD
APERTURE SETTINGS	→	F/1.2 TO F/4
WHITE BALANCE	→	DEPENDING ON YOUR LIGHT SOURCE



LIGHTING GUIDE

MASTER PRO PORTRAIT LIGHTING WITH THESE 24 ESSENTIAL STUDIO SET-UPS

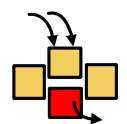
<p>REBRANDT WITH A SOFTBOX</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>REBRANDT THROUGH A BROLLY</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>REBRANDT WITH A HONEYCOMB</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>REBRANDT WITH A SILVER BROLLY</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>
<p>REBRANDT SHORT</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>REBRANDT ISLAND</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>SPLIT</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>SPLIT WITH FILL</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>
<p>SPLIT/SHORT</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>SPLIT/BROAD</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>KEY WITH A CLOSE SOFTBOX</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>KEY WITH A FAR AWAY SOFTBOX</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>
<p>LOOP</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>BUTTERFLY</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>FLAT LIGHT</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>BADGER</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>
<p>CLAMSHELL</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>LOOP WITH A BACKGROUND LIGHT</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>LOOP WITH A RIM LIGHT</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>HIGH KEY</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>
<p>KEY AND FILL</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>KEY, FILL AND HAIR LIGHT</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>HARD KEY WITH RICKERS</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>	<p>COLOR D GELS</p>   <p>HT The woman's face is lit evenly, the shadows are soft and subtle. The lighting is very flattering and gives her a natural, relaxed appearance.</p>



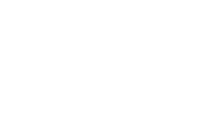
Digital Camera
www.digitalcameraworld.com



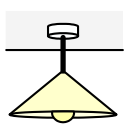
You can



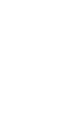
substitute



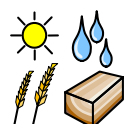
the studio



lights



for



natural

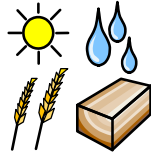


light sources

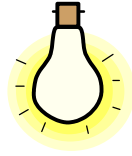


Looking

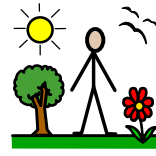
for



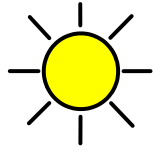
natural



light



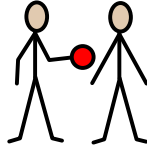
outside



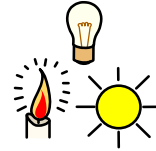
Use the

sun

as



your



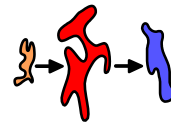
light source.



The amount of

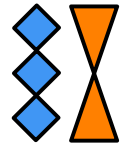
sunlight

will

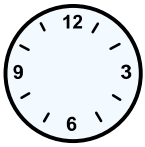


vary

at

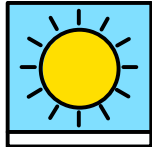


different



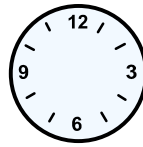
times

of the



day

and



times

of the

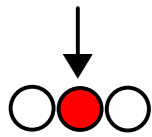


year.



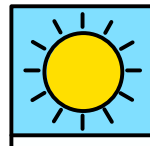
During

the

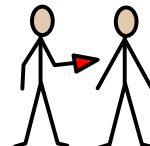


middle

of the



day



you

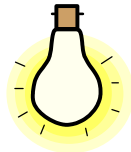
will



get a

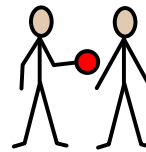
very

harsh

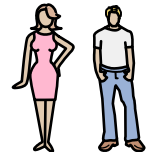


light

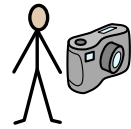
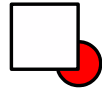
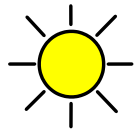
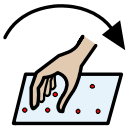
on



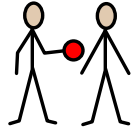
your



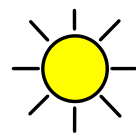
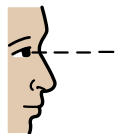
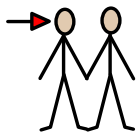
model (s).



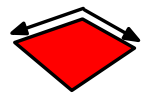
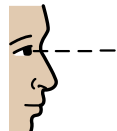
Try to have the sun behind the photographer.



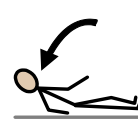
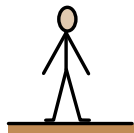
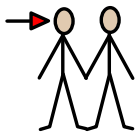
This may cause your model(s) to squint as



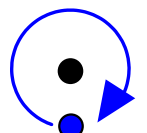
they will be looking into the sun.



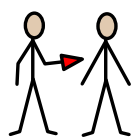
To prevent this look for a partially shaded area



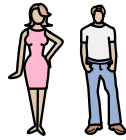
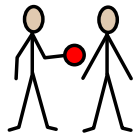
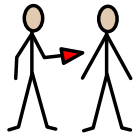
for them to stand / sit / lay in.



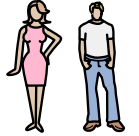
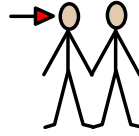
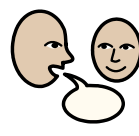
Find a good spot. Do some test shots. Move around



the model(s) until you get the best photo.



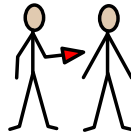
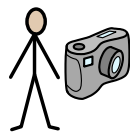
Once you have your model (s) in the best



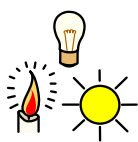
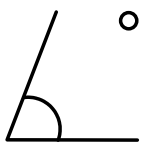
light source then you can tell them how to pose



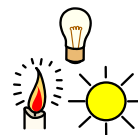
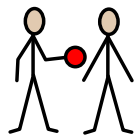
to get the best photo.



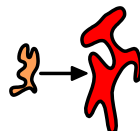
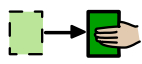
As the photographer you guide the model (s) and



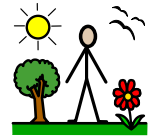
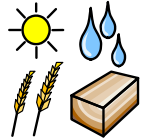
the angle of the light source.



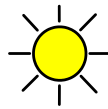
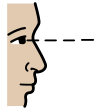
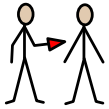
Keep checking your photos as the light source



might move or change.

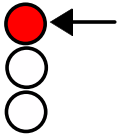


Examples of natural light photography outside

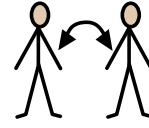
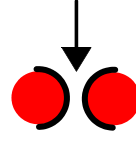
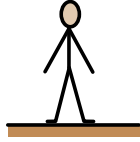
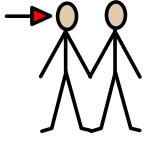


Can you spot where the sun is coming from?

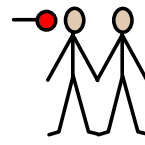
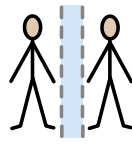




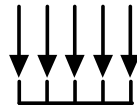
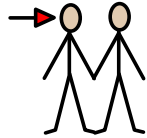
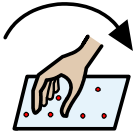
Top tips for photographing groups of people.



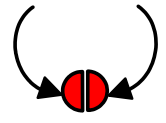
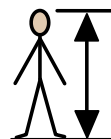
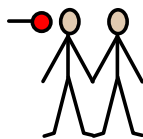
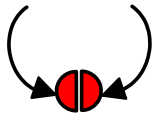
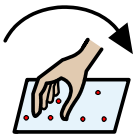
Get them to stand as close to each other as



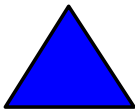
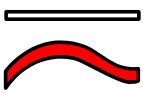
possible, leaving no gaps between their bodies.



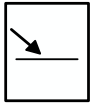
Try to have them all in rows.



Try to make their heights level or make



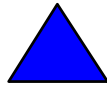
curves, triangles or symmetrical images.



Lines,



rows,



triangles,

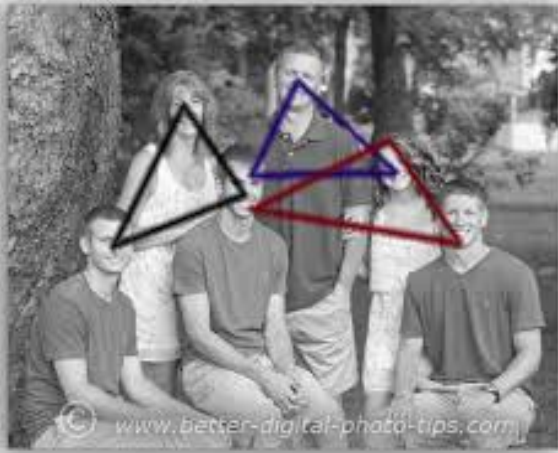


curves

and symmetry

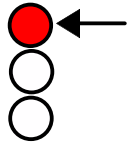


photos





More



Top



Tips



Remove

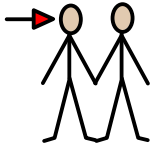
distractions from the



photo.



Ask



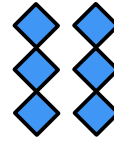
them

all to

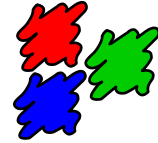


wear

the



same



colour



clothes.



tips



help

All of these

will

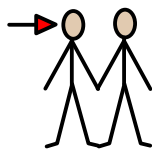
to make the



people



look like



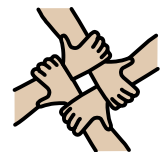
they

are

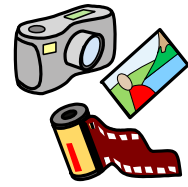
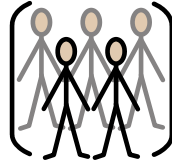
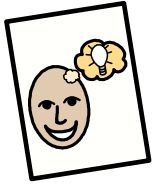


connected

/



united.



Examples of good group photography



Before (heads in horizon line)



After (no distractions)

