

## BEACROFT SCHOOL LUNCH MENU

### WEEK ONE

DAY	MEAT OPTION	MEAT FREE	VEGETABLE	JACKET POTATO	POTATOES	COLD SWEET	HOT SWEET	GLUTEN FREE DIET
MON	SAUSAGE CASSEROLE	TOMATO PASTA	CARROTS GREEN BEANS	CHEESE	NEW	ORANGE APPLE BANANA	PINEAPPLE CAKE	SAUSAGES
TUE	CHICKEN CURRY AND RICE	CHEESEY MASH	SWEETCORN PEAS	HAM	NEW	ORANGE APPLE BANANA	FRUIT SALAD	CHICKEN
WED	FISH	JACKET POTATO CHEESE/ BEANS	MIXED VEG TOMATO	TUNA EGG CHEESE	NEW	ORANGE APPLE BANANA	RHUBARB CRUMBLE	FISH FINGERS
THUR	SAVOURY MINCE OR MEAT PIE	VEGETABLE QUICHE	BABY CARROTS PEAS SWEETCORN	TUNA	NEW	ORANGE APPLE BANANA	DORSET APPLE CAKE	SAVOURY MINCE
FRI	HAM OR SAUSAGE ROLLS	VEGETABLE BURGER	BEANS PEAS		CHIPS	ORANGE APPLE BANANA	ANGEL DELIGHT/ JELLY	HAM

### WEEK TWO

DAY	MEAT OPTION	MEAT FREE	VEGETABLE	JACKET POTATO	POTATOES	COLD SWEET	HOT SWEET	GLUTEN FREE DIET
MON	SWEET SOUR CHICKEN WITH RICE	POTATO BAKE	CARROTS BROCCOLI/ GREEN BEANS	TUNA	NEW	ORANGE APPLE BANANA	APPLE PIE	CHICKEN
TUE	LASAGNE	VEGETABLE CASSEROLE	MIXED VEG	HAM	NEW	ORANGE APPLE BANANA	RICE PUDDING	MINCE
WED	FISH	JACKET POTATO CHEESE BEANS	PEAS TOMATOES /SWEETCORN	EGG	NEW	ORANGE APPLE BANANA	DATE SPONGE	FISH
THUR	BEEF CASSEROLE OR MEAT PIE	VEGETABLE CURRY WITH RICE	SWEDE GREEN BEANS OR CABBAGE	CHEESE	NEW	ORANGE APPLE BANANA	FRUIT WITH CUSTARD	BEEF
FRI	CHICKEN BURGER/ PASTY	VEGGIE BURGER	BEANS PEAS		CHIPS	ORANGE APPLE BANANA	MUFFINS	CHICKE

**WEEK THREE**

DAY	MEAT OPTION	MEAT FREE	VEGETABLE	JACKET POTATO	POTATOES	COLD SWEET	HOT SWEET	GLUTEN FREE DIET
MON	CHICKEN CRUMBLE	CAULIFLOWER CHEESE	CARROT'S PEA'S BROCCOLI	TUNA	NEW	ORANGE APPLE BANANA	PEACHES AND CUSTARD	CHICKEN
TUE	CHILLI AND RICE	VEGETABLE NOODLES	MIXED VEG	HAM	NEW	ORANGE APPLE BANANA	SYRUP SPONGE	MINCE
WED	FISH	JACKET POTATO CHEESE/ BEANS	PEAS SWEETCORN/ TOMATO	EGG TUNA CHEESE	NEW	ORANGE APPLE BANANA	RHUBARB CRUMBLE	FISH
THUR	BEEF PASTA BOLOGNESE	VEGETABLE PIE	GREEN BEANS CARROTS	TUNA	NEW	ORANGE APPLE BANANA	JAM SPONGE	MINCE
FRI	SAUSAGES	VEGGIE BURGER	BEANS PEAS		CHIPS	ORANGE APPLE BANANA	FLAPJACK	SAUSAGES

**WEEK FOUR**

DAY	MEAT OPTION	MEAT FREE	VEGETABLE	JACKET POTATO	POTATOES	COLD SWEET	HOT SWEET	GLUTEN FREE DIET
MON	CHICKEN CASSEROLE	MACARONI CHEESE	MIXED VEG BROCCOLI	TUNA	NEW	ORANGE APPLE BANANA	BANANA CUSTARD	CHICKEN
TUE	SPAGHETTI BOLOGNESE	VEGETABLE BAKE	GREEN BEANS CARROTS	HAM	NEW	ORANGE APPLE BANANA	RICE PUDDING	MINCE
WED	FISH	JACKET POTATO CHEESE BEANS	TOMATOES SWEETCORN PEAS	EGG	NEW	ORANGE APPLE BANANA	APPLE CRUMBLE	FISH
THUR	COTTAGE PIE	VEGETABLE LASAGNE	PEAS CARROTS	EGG	NEW	ORANGE APPLE BANANA	CARROT CAKE	COTTAGE PIE
FRI	SAUSAGE ROLL	VEGGIE SAUSAGE	BEANS PEAS	CHIPS		ORANGE APPLE BANANA	CHOCOLATE AND ORANGE ICING CAKE	SAUSAGE

**WEEK FIVE**

DAY	MEAT OPTION	MEAT FREE	VEGETABLE	JACKET POTATO	POTATOES	COLD SWEET	HOT SWEET	GLUTEN FREE DIET
MON	MEAT PIE	VEGETABLE CASSEROLE	SWEDE SPROUTS	HAM	NEW	ORANGE APPLE BANANA	FRUIT SALAD	CHICKEN/ BEEF
TUE	SAUSAGE CASSEROLE	TOMATO PASTA	BROCCOLI SWEETCORN	CHEESE	NEW	ORANGE APPLE BANANA	RHUBARB CRUMBLE	SAUSAGE
WED	FISH	JACKET POTATO CHEESE/ BEANS	PEAS SWEETCORN	TUNA EGG HAM	NEW	ORANGE APPLE BANANA	PINEAPPLE CAKE	FISH
THUR	CHICKEN CURRY WITH RICE	CHEESEY MASH	CARROTS GREEN BEANS	TUNA	NEW	ORANGE APPLE BANANA	APPLE PIE	CHICKEN
FRI	FISH CAKES	VEGGIE BURGER	BEANS PEAS		CHIPS	ORANGE APPLE BANANA	SHORTBREAD /COOKIES	HAM/FISH FINGERS

**WEEK SIX**

DAY	MEAT OPTION	MEAT FREE	VEGETABLE	JACKET POTATO	POTATOES	COLD SWEET	HOT SWEET	GLUTEN FREE DIET
MON	SWEET AND SOUR CHICKEN WITH RICE	POTATO BAKE	MIXED VEG	TUNA	NEW	ORANGE APPLE BANANA	BANANAS AND CUSTARD	CHICKEN
TUE	LASAGNE	VEGETABLE CHILLI	GREEN BEANS SWEETCORN	HAM	NEW	ORANGE APPLE BANANA	APPLE CRUMBLE	MINCE
WED	FISH	JACKET POTATO CHEESE BEANS	PEAS CAROTTS	HAM	NEW	ORANGE APPLE BANANA	JAM TART	FISH
THUR	SAVOURY MINCE	VEGETABLE QUICHE	CAULIFLOWER BABY CARROT	CHEESE	NEW	ORANGE APPLE BANANA	RICE PUDDING	SAV MINCE
FRI	SAUSAGE/ FISH FINGERS	VEGETABLE BURGER	BEANS PEAS		CHIPS	ORANGE APPLE BANANA	JELLY AND ICECREAM	SAUSAGES

**WEEK SEVEN**

<b>DAY</b>	<b>MEAT OPTION</b>	<b>MEAT FREE</b>	<b>VEGETABLE</b>	<b>JACKET POTATO</b>	<b>POTATOES</b>	<b>COLD SWEET</b>	<b>HOT SWEET</b>	<b>GLUTEN FREE DIET</b>
<b>MON</b>	CHICKEN BACON TAGLIETTLE	VEGETABLE PIE	PEAS CARROTS	CHEESE	NEW	ORANGE APPLE BANANA	FRUIT SALAD	CHICKEN
<b>TUE</b>	CHILLI WITH RICE	CAULIFLOWER CHEESE	GREEN BEANS CARROTS	TUNA	NEW/RICE	ORANGE APPLE BANANA	CHOCOLATE CAKE	MINCE
<b>WED</b>	FISH	JACKET POTATO CHEESE/ BEANS	PEAS	TUNA CHEESE HAM EGG	NEW	ORANGE APPLE BANANA	BAKEWELL TART	FISH
<b>THUR</b>	BEEF CASSEROLE	VEGETABLE NOODLES	CARROTS CABBAGE /GREEN BEANS	HAM	NEW	ORANGE APPLE BANANA	APPLE CRUMBLE	BEEF
<b>FRI</b>	MEAT PASTY	VEGETABLE BURGER	BEANS PEAS		NEW	ORANGE APPLE BANANA	BISCUITS	HAM