



The Recovery Curriculum at Beaucroft

Beaucroft School has put our children and young people's well-being at the centre of our thinking.

We acknowledge that our children and young people will have had different experiences during this time. However, the common thread running through all is the loss of routine, structure, friendship, opportunity, and freedom.

These losses can trigger the emergence emotionally of anxiety.

We know that an anxious child is not able to effectively learn. With this in mind, we have thought about the most effective way to support our children and young people.

Professor Barry Carpenter has developed The Recovery Curriculum, as a response to the losses described above. It is a way for schools to help children and young people come back to school life, acknowledging the experiences that they have had. We want our children to be happy, feel safe and able to be engaged in their learning.

The Recovery Curriculum has been designed to allow children time to re-establish their sense of belonging in school. It is designed to reduce anxiety and enable children to be confident, happy, and healthy at school and at home, whilst transitioning back to school following the Coronavirus pandemic.

At Beaucroft, our recovery curriculum will focus on the following four areas:

- Supporting pupils to build positive relationships with others.
- Supporting pupils to manage their feelings and emotions.
- Supporting pupils to enjoy and achieve.
- Supporting pupils with their physical health and wellbeing.

Supporting our pupils to build positive relationships.

Many of our children and young people will require support to rebuild the strong relationships they once had in school. They may need to re-learn how to interact in class, take turns and share, problem solve, seek help from an adult when it is needed and know which adults help them and keep them safe when they need them.

To support this area, our curriculum will provide opportunities where the focus is on rebuilding relationships with peers and adults. This may be in the form of:

- Independent learning to nurture parallel and joint play.
- Turn taking games and activities.
- Sharing games and activities.
- Intensive interaction opportunities.

- Games and activities where pupils can work together such as board games or outdoor PE games.
- Safety work about who can help to keep us safe at school, at home and in the community.
- Activities linked to pupils' interest.

Supporting our pupils to manage their feelings and emotions.

We also believe that many of our children will experience feelings and emotions that they may not have had in the past. Our recovery curriculum will support pupils to relearn the positive behaviour that they may have forgotten outside of the school environment. We will support the pupils to develop the self-regulation strategies to help them feel safe and calm.

To support this area, our curriculum will:

- Provide clear structure and routines which are supported by visual aids which may include the use of visual timetables.
- Provide opportunities for pupils to communicate and express themselves using their preferred method of communication.
- Provide a therapeutic approach to support behaviour and emotions, in line with Dorset STEPS.
- Provide regular opportunities for pupils to engage in self-regulation activities such as sensory breaks.

Supporting our pupils to enjoy and achieve.

We wish for all our children and young people to experience once again the many moments of success and achievement in school.

We will build in new learning opportunities that look like familiar, structured sessions that the children and young people are used to, in the hope of rejuvenating the feeling of success and the desire to engage and achieve.

To support this area, our curriculum will:

- Provide sessions that are familiar to our pupils.
- Provide opportunities for our pupils to engage in some independent learning.
- Use resources and strategies that are familiar to our pupils.
- Provide opportunities for pupils to access activities linked to their special interests and areas of strength.

Supporting our pupils with their physical health and well-being.

We also understand that many of our children and young people will need to re-engage with physical health and well-being routines, whilst also learning new routines to keep themselves and others safe with regards to infection control.

To support this area, our curriculum will:

- Provide times for our pupils to explore and reinvestigate their environments to become familiar with what might be different.

- Support our pupils to manage new processes to keep safe including hand washing and hygiene measures.
- Support our pupils to be physically well through active sessions, use of outdoor space and supporting their understanding of keeping physically well.