

PE Curriculum Formal

Intent	Implementation	Impact	Measuring impact
<p>Science at Beacroft aims to offer a student-centred, structured approach to teaching and learning which enables the student to gain knowledge of the world together with some understanding of life and physical processes.</p> <p>Pupils will be taught the necessary skills to ensure a positive healthy physical and mental outlook at an appropriate level to their understanding; to develop knowledge of their health and fitness, to compete and perform in activities; to develop competence to succeed, to build character and embed values such as fairness and respect; and use safe working practices.</p>	<p>PE within the Formal Curriculum is taught through the PE road map of progression and three-year rolling programmes. Pupils experience and encounter PE either as discrete PE lessons or equally through cross-curricular topics. The teaching of PE will be focused to allow individual students to access PE subject matter at a level appropriate to their learning.</p> <p>Pupils learn about the key concepts of invasion games, net games, and individual sports through a broad range of physical activities. They use a variety of physical skills and equipment and have opportunities to solve problems through co-operative and competitive situations. They discuss simple tactics and develop an understanding of how to succeed in different sports with support where necessary to evaluate their own success. They enjoy collaborating and communicating with others to build confidence, competence, life skills and core values to maintain a lifelong enjoyment for physical activity.</p>	<p>Pupils will:</p> <p>Show enjoyment for physical activity and demonstrate positive feeling about exercise beyond life at school</p> <p>Gain a good level of physical fitness at an appropriate level to their ability, creating a positive impact upon their life</p> <p>Gain understanding of healthy lifestyle choices, emotional regulation and life skills such as fairness, respect, and teamwork</p> <p>Develop self-esteem, confidence, competence and take part in cooperative or competitive challenges to experience success and take pride in representing school in interschool fixtures</p> <p>Consolidate skills using a range of equipment, link sequences of motor movements together, discuss simple tactics, and refine water skill techniques</p> <p>Take part in outdoor adventurous activities, modified competitive games</p> <p>Compare performances with previous one and demonstrate motivation to improve their personal best</p> <p>Develop control and coordination, listen to instructions, follow rules of a game, and show good sportsmanship values</p>	<ul style="list-style-type: none"> • Individual Learning Journey's • EHCP outcomes • SaLT • Attendance • Classroom monitor data/ Mapp data • Class assessment recording sheets. • Post-it notes. • RAG charts. • Photos and videos • Person Centred Reviews • Parent consultation meetings. • Camera: Photos of work for assessment.