

PE Curriculum Nurture

Intent	Implementation	Impact	Measuring impact
<p>PE at Beaucroft aims to offer a student-centred, varied, and structured approach to teaching and learning which enables the student to gain development of fundamental physical skills together with a lifelong enjoyment of physical activities.</p> <p>Pupils will be taught the necessary skills to ensure a positive healthy physical and mental outlook at an appropriate level to their understanding; to develop knowledge of their health and fitness, to compete and perform in activities; to develop competence to succeed, to build character and embed values such as fairness and respect; and use safe working practices.</p>	<p>Pupils should have a balance of educational, and self-directed experiences with fewer structured 'taught' sessions. This will allow time to support pupils emotionally and develop their independence. Pupils will be taught in safe spaces (small gardens) with structure, predictability and firm, clear boundaries supported by staff. Activities that build self-esteem and show the individuals that they are valued are at the core of this curriculum. Communication is a vital component of this curriculum and provides opportunities for pupils to be heard and to use and practice these essential skills.</p> <p>Pupils in the Nurture curriculum may be accessing PE content from the semi-formal or formal curriculums depending on their cognitive ability; however the curriculum provides opportunities to ensure all pupils have 30 minutes a day to exercise and keep fit.</p>	<p>Pupils will:</p> <ul style="list-style-type: none"> feel unjudged and accepted as individuals. develop self-esteem and confidence. develop relationships with staff and peers that are built on mutual respect, understanding, and tolerance. develop resilience enabling them to persevere with activities and tasks. access sensory regulation strategies and support to build more consistent mental outlook communicate their emotions, needs, and wants in an appropriate way. Accept transitions with support in a variety of contexts. 	<ul style="list-style-type: none"> • Individual Learning Journey's • EHCP outcomes • SaLT • Attendance • Classroom monitor data/ Mapp data • Class assessment recording sheets. • Post-it notes. • RAG charts. • Photos and videos • Person Centred Reviews • Parent consultation meetings. • Camera: Photos of work for assessment.