

## **In Beaucroft Post-16**

<b><u>Employment</u></b>	<b><u>Independent Living</u></b>	<b><u>Community Inclusion</u></b>	<b><u>Health</u></b>	<b><u>Relationships</u></b>
<ul style="list-style-type: none"> <li>✓ Access taster sessions at local colleges</li> <li>✓ Careers and Guidance sessions</li> <li>✓ Visits to post-19 options – colleges, ISP, adult services</li> <li>✓ Work experience and shadowing placements as appropriate</li> <li>✓ Visits to places of work</li> <li>✓ Enterprise opportunities – 1HQ café, Crafts production and sales, in-house tuck shop</li> <li>✓ Qualifications in Living and Employability</li> <li>✓ Listening to and following instructions – supported by visuals and sign as appropriate</li> <li>✓ Supporting transitions to</li> </ul>	<ul style="list-style-type: none"> <li>✓ Using money in realistic situations – local shops, café</li> <li>✓ Managing a budget and shopping for own lunch ingredients</li> <li>✓ Daily meal management and preparation</li> <li>✓ Travel training – including reading timetables for buses/trains</li> <li>✓ Regular opportunities to practise and develop road safety awareness</li> <li>✓ Internet shopping</li> <li>✓ Qualifications in Living and Employability</li> <li>✓ Choosing activities for leisure time</li> <li>✓ Independent dressing and personal hygiene</li> <li>✓ Choosing appropriate clothing</li> </ul>	<ul style="list-style-type: none"> <li>✓ PHSE sessions</li> <li>✓ Beaucroft Youth Club</li> <li>✓ Internet safety sessions</li> <li>✓ Qualifications in Living and Employability</li> <li>✓ Contribute to decision making about places to go and things to do</li> <li>✓ Participate in activities that improve the local environment</li> <li>✓ Use local resources such as Post Office, shops and cafés</li> <li>✓ Use local facilities such as leisure centres</li> <li>✓ Links with local colleges and day services</li> <li>✓ Use public transport</li> <li>✓ Developing and maintaining friendships/relationships</li> <li>✓ Working as a team</li> </ul>	<ul style="list-style-type: none"> <li>✓ Qualifications in Living and Employability</li> <li>✓ CAMHS drop in sessions</li> <li>✓ PHSE sessions – including drug and alcohol awareness, health and hygiene, and mental health awareness</li> <li>✓ Sex and relationships education</li> <li>✓ Use of school gym</li> <li>✓ Weekly sport and leisure sessions within school and using local facilities</li> <li>✓ Swimming at Beaucroft</li> <li>✓ Healthy snack choices</li> <li>✓ Planning and preparing healthy meals</li> <li>✓ Knowing how to get support with health issues</li> <li>✓ Duke of Edinburgh Award – expedition,</li> </ul>	<ul style="list-style-type: none"> <li>✓ PHSE sessions</li> <li>✓ Coping with relationship/friendship challenges</li> <li>✓ Sex and relationships</li> <li>✓ Understanding consent</li> <li>✓ Parenting awareness</li> <li>✓ Social time – cafes, breaks, college</li> <li>✓ Qualifications in Living and Employability</li> <li>✓ Sleepovers and residentials</li> <li>✓ Developing and maintaining friendships/relationships</li> <li>✓ Working as a team</li> <li>✓ Social events with other schools and groups</li> </ul>

<p>different settings and environments within the school community and local community</p> <ul style="list-style-type: none"> <li>✓ Increased responsibilities</li> <li>✓ Aspirations sessions</li> <li>✓ CV writing, applications, and practice interviews</li> <li>✓ Duke of Edinburgh Award – skill</li> </ul>	<p>and footwear to suit different situations</p> <ul style="list-style-type: none"> <li>✓ Sleepovers and residentials</li> <li>✓ Basic learning about bills and benefits</li> <li>✓ Making decisions and getting help with decisions</li> <li>✓ Understanding consent</li> <li>✓ Managing time</li> <li>✓ Being safe at home</li> <li>✓ Exploring adult living options</li> <li>✓ Using local facilities</li> </ul>	<ul style="list-style-type: none"> <li>✓ Coping with relationship/friendship challenges</li> <li>✓ Knowing how to get help in different environments</li> <li>✓ Basic understanding of law</li> <li>✓ Rights and responsibilities</li> <li>✓ Understanding alcohol and drugs</li> <li>✓ Learning about adult social care – support available and services</li> <li>✓ Duke of Edinburgh Award – volunteering</li> </ul>	<p>physical, and first aid</p>	
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